

How to Use "Emotionally Healthy Spirituality" During the Holidays

In a word... *don't*! By all means, do apply it to your own life. But if you come to your family gatherings with your EHS guns blazing, you could end up being a pest rather than a healer. We've learned a lot these past weeks. The first place we humbly apply this is to ourselves.

Over these holiday weeks, full schedules become even fuller. Routines are disrupted. We catch up with extended family. Idealized images in our entertainment inflate expectations that we will be happy, reconcile all our relationships, and live happily ever after. The reality is you will experience the usual emotional ups and downs that you do the rest of the year.

Here are some suggestions:

1. Continue your Daily Office so you will be "prayed up."
2. Don't rush in to fix everything and everybody.
3. Ask questions to fill in gaps in your family knowledge if appropriate.
4. Do a lot of listening.
5. Don't get in the middle of issues between two other people (getting "triangulated in"), or take sides.
6. At intense people gatherings, step outside for some fresh air to take a break.
7. Phone a Christian friend for a reality check, to stay on track.

Now that we've finished our 8-weeks of daily devotionals, get your *next* devotional plan ready. Go through "Day-by-Day" again, or start reading through the New Testament using a daily schedule. Your daily connection to God will be your steady anchor in what can sometimes be stormy waters. Christmas spirit won't do it. Sorry. But the Holy Spirit will!

"Thanksgiving Catch-up Sunday" Collection is TODAY Our Goal is **\$37,500**. Catch-up with our

Ministries- \$28,000, Saving on Utilities (Windows)- \$3,000, and Worship & People (Heartsaver, Soundsystem, Ladies Room)- \$6,500.

**Want to learn more about being a part of
Collingswood Church of Christ ?**

**Well... Come to our NEW Member's Class
TODAY**, right after Worship in the "Teen Room."
This brief, no-obligation class includes refreshments.
Talk to us!

New Member: Katherine Franklin! Katherine has placed membership with our church family! **WELCOME!** Katherine went to our New Members Class, and recently met with our Elders. Her info: 11 W. Holly Ave., Oaklyn, NJ 08107. 856-559-0201, Kfranklin1379@yahoo.com

Youth Group: Saturday, November 27th, 7-9PM, meet at the Churchill's home for "GRATEFUL Hearts Night" Service project- you will be making gift bags for the Collingswood Police, Fire Department and Veterans Group to show our appreciation for their service!!!

Thanksgiving Dinner for Those in Need: If you want to donate cash, please get it to Nelson, our Deacon of Benevolence.

Gingerbread Houses: will be made Dec. 6th after Worship Service. There is a table in the foyer with ***instructions***. Candy & other items are needed to decorate them. There is a *sign-up list if you are coming* and for *parents to sign-up to bring decorating items*. See Debbie Powers with questions.

Haircuts for Missions: December 12th.

Christmas Party December 13th, 6:00 PM: There ***IS a sign-up sheet for you to be part of the Talent Show*** and soon one to bring food. Hospitality Team #2 will

be serving and cleaning-up.

Winterfest 2016 for the Youth Group: Please sign-up if you are going to Winterfest, February 19 to February 21, 2016. The Cedars Church of Christ has asked us to have a **final head count** for Winterfest by December 31st. There is a sign-up sheet on the bulletin board in the teen's area. See Nawana with any questions.

Today's Worship Leaders

Worship Leader: Dave Williams

Welcome & Scripture: Tony Ceraso Jr. (Psalm 100:1-5)

Opening Prayer: Gerry Hogan

Lord's Supper: Josh Henderson, Carl Smith, Tony Jr., Larry

Scripture Before Message: Ed Francoeur Jr. (Psalm 16:5-11)

Announcements & Prayer: Rick Boyle

Nursery: Bibi & Elaine Next Week- Chris Ann & Elizabeth

Yellow Cleaning Team: Nov. 25-28 **Norma** Coordinates

OUTREACH/MINISTRY

Mark Finn – Preacher

Church Office- (856) 854-0197

ELDERS:

Rick Boyle (856) 986-4876

Tony Ceraso, Jr. (856) 278-6276

Bret Goen (856) 996-5267

Chet Churchill (609) 560-7179

Howard Mansdoerfer (609) 790-9969

Worship 123

Bible Class 57

Wed PM..... 53

L.I.F.E Groups 46

Contribution \$2,940

Budget Goal \$4,260

Daily Bible Readers: 27



Collingswood Church of
Christ

Church Website: www.ccc123.org

300 White Horse Pike

Collingswood, NJ 08107

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“Now faith is being **sure** of what we hope for and **certain** of what we do not see.” (Hebrews 11:1)

Thank you, God
for what you gave



Thank you
for letting us give!